

Weekly Cleaning Schedule

DAILY

- ☐ Make beds
- ☐ dishwasher
- ☐ sweep floors
- ☐ pick up
- ☐ clean counter tops

MONDAY

- ☐ grocery shop

TUESDAY

FREE DAY

WEDNESDAY:

UPSTAIRS

- ☐ change sheets
- ☐ dust
- ☐ vacuum
- ☐ clean bathroom

THURSDAY:

DOWNSTAIRS

- ☐ dust
- ☐ vacuum
- ☐ clean bathroom
- ☐ sweep kitchen
- ☐ wipe appliance s

FRIDAY

- ☐ wash laundry
- ☐ put laundry away

SATURDAY

FREE DAY/
catch up

SUNDAY

- ☐ go through fridge
- ☐ meal plan
- ☐ make grocery list